



Elmwood & Penrose Federation

Safeguarding support for students during the school closure

Why is the school closed?

- The school has been closed by the Government because of the Covid-19 outbreak
- This is to reduce contact between people to try and reduce the spread of the virus
- At this moment in time we do not know when the school will be open again, but we will keep you updated through the website, twitter and communication home.



Useful communication

You can keep up to date with school information in the following ways:

- School website - www.elmwood-penrose-jeanrees.org.uk
- Twitter - [@PenroseElmwood](https://twitter.com/PenroseElmwood)
- Facebook - [@PenroseElmwood](https://www.facebook.com/PenroseElmwood)

Staying safe at home

- If you have any worries or concerns at home while you are off school, there are a number of organisations you can contact.
- These organisations will be able to offer you support and help with a range of different issues that you may have.
- On the next few slides these will be listed with their contact details.



Childline - www.childline.org.uk

- Childline is available to you if you have any concerns about:
 - Bullying
 - Abuse (physical, sexual, psychological, emotional, neglect)
 - Your body and self esteem
 - Your feelings
 - Friendships
 - Sexual advice
 - Home life and families
 - School



- You can ring them on 0800 1111 or message them online here <https://www.childline.org.uk/registration/>
- There are loads of resources available for you to download and read as well <https://www.childline.org.uk/info-advice/>

Young Minds - <https://youngminds.org.uk/>

- Young minds helps young people and adults who need support with their mental health.
- This includes feeling low about things such as:
 - Body Image
 - Bullying
 - Eating problems
 - Stress
 - Grief or loss
 - Anger
- If you need urgent help, you can text **YM** to **85258**
- They also have loads of resources and support here: <https://youngminds.org.uk/find-help/feelings-and-symptoms/>

The logo for Young Minds, featuring the word "YOUNG" in yellow and "MiNDS" in dark grey, with a small yellow dot above the 'i' in "MiNDS".

Papyrus - <https://papyrus-uk.org/help-advice-2/>

- If you are feeling really down and feel like there is no way out and feeling suicidal then Papyrus can help
- They have confidential ways of contacting them
 - Phone – 0800 068 41 41
 - Mobile – 07860039967
 - Email – pat@papyrus-uk.org
- They also offer lots of support through articles and advice through the following link
<https://papyrus-uk.org/im-thinking-about-suicide/>



PAPYRUS
PREVENTION OF YOUNG SUICIDE

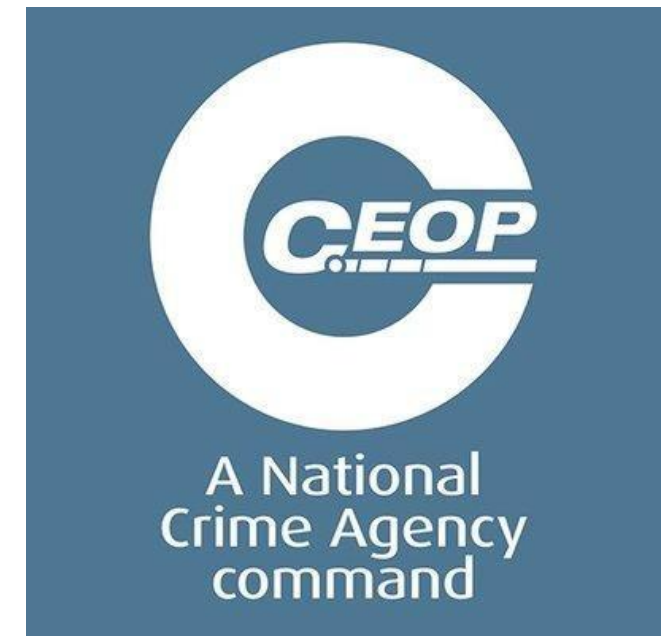
Samaritans - <https://www.samaritans.org/>

- They offer a similar service to Papyrus and there contact details are below:
 - Phone – 116 123
 - Email – jo@samaritans.org



CEOP - <https://www.ceop.police.uk/safety-centre/>

- If you are worried about online sexual abuse or the way in which someone is talking to you online, you can report it to CEOP straight away.
- You can make a report using the following link_
<https://www.ceop.police.uk/ceop-reporting/>
- If you are not ready to make a report, but need to speak to someone first then ring Childline on 0800 1111



Police or other emergency services

- If you need immediate help then please call the emergency service on **999**
- If you do not need immediate support but need advice then please call **101**



School

- If you need any support then please contact one of the Safeguarding Team in school.
- For Penrose - Kat Burgess, Deputy Head Teacher, on 07794 740331
- For Elmwood & JRC - Andrew Lawrence, Deputy Head Teacher, on 07837 356550
- Fleur Cutler, Health & Wellbeing Lead, on 07851776567